

# Your Child's Epilepsy Monitoring Unit Experience



## Lena's Observation Venue for Epilepsy

### Admission

On the day of admission, please arrive 30 minutes early and report to the main admissions office at:

**Texas Children's Hospital West Tower**  
**6621 Fannin Street, 3rd Floor**  
**Houston, TX 77030**

Once you have registered your child, proceed to the 10th floor neurology unit to check in.

### General rules

Your child will be monitored with an EEG for the duration of the hospital stay. Your child will not be able to leave the room for any reason during the study. You will be recorded by video as well as audio. The cameras do not see in the bathroom. Parents must stay with their child at all times. Please coordinate with your nursing staff if you must leave the room briefly.



**Texas Children's  
Hospital®**

## Medications

Please bring your child's medications and leave them in the original container. If they are placed in anything other than the original pill bottle, our pharmacist will not be able to know what each pill is.

## Clothing

Please bring warm, comfortable clothes for your child to wear and tops with button fronts. Your child will not be able to use a blanket of any kind during the study (this prevents the technicians from seeing you) and there is a thermostat in every room that you can control.

## Food

We provide meals for our patients but not their parents. We have several options for you to buy food, or you can purchase meals at registration. We encourage parents to bring snacks from home, and we have menu books from nearby restaurants that deliver. Please coordinate with your nursing staff if you must leave the room briefly.

## Toys and games

Please bring your child's favorite toys, games or school work for entertainment. Our Child Life Specialists are available to help your child with their hospital stay. Based on your developmental level, the Child Life Specialist can teach your child about his or her diagnosis and upcoming medical procedures as well as work with you to normalize his or her environment.

## Hair and bathing

Please make sure your child's hair is washed, clean and free of any hair products including conditioners, oil, mousse, gel, braids and hair extensions. Any of these can interfere with the placing of the electrodes. When the study is complete, your child will be able to wash his or her hair with a shampoo cap provided by the hospital.

## Parking

We do not pay for parking but there are numerous options available.

- Texas Children's Hospital West Tower Garage 12 and Texas Children's Hospital Clinical Care Center Garage 16 offer self parking for \$12 and valet parking for \$13 per day.
- Reduced rate parking is available for \$6 per day at Garage 8 located at 2151 Holcombe Blvd at Pressler St. or the South Extension Lot located at 1522 South Braeswood at William C. Harvin Blvd. Both are serviced by the Texas Medical Center metro shuttle. The shuttle does not run on the weekends.
- Pre-paid smart chips can be purchased in the elevator lobbies on floor B2 of Garage 12 and 16. The discounted rates are \$52.00 for \$60.00 and \$100.00 for \$115.00 parking value.