Goals

In Order to go Home, Your Child Needs to Have:

- **Regular Foods**
  Nursing staff will stop IV fluids when able to drink fluids (typically by nighttime on the day of surgery)

- **Pain Controlled With Oral Medication**
  Tylenol (acetaminophen) may be given by mouth as needed for pain – no narcotics

- **A Healthy Body Temperature**
  Fever is considered 101.5°F or greater

- **Wet Diapers and Bowel Movement**
  Changing usual number of diapers

Family Considerations

- **Are Questions or Concerns Resolved?**
  Be sure to know:
  • When to come to the clinic for a post-surgery appointment
  • How to bathe your child
  • The phone number to call with a concern

- **Plan for Getting Home**
  How will you travel home?

Helmet Fitting

- **Please visit Dynamic Orthotics:**
  Today – after being discharged from the hospital
  Monday – if discharged on a weekend
  11155 South Main, Houston, TX 77025
  713-747-4171

Craniosynostosis Clinic & Follow Up

- All questions are welcome. We encourage you to call with any concern.
  832-822-3950
  Clinical Care Center, 8th floor
  6701 Fannin, Houston, TX 77030

Discharge Instructions

- **Receive Bathing Training from Nurses**
  A nurse will teach you how to bathe your child on the day after surgery; you should begin giving daily baths 2 days after surgery. **Start baths on:**

- **Five Days Total of Bacitracin Ointment**
  Apply medication to your child’s head incision twice a day for 5 days total after surgery. Longer use can irritate the skin.

- **Expect Swelling for 3 Days**
  It is normal for your child’s head to look puffy and then to get better. Holding your child and raising the head of the bed helps to decrease swelling.